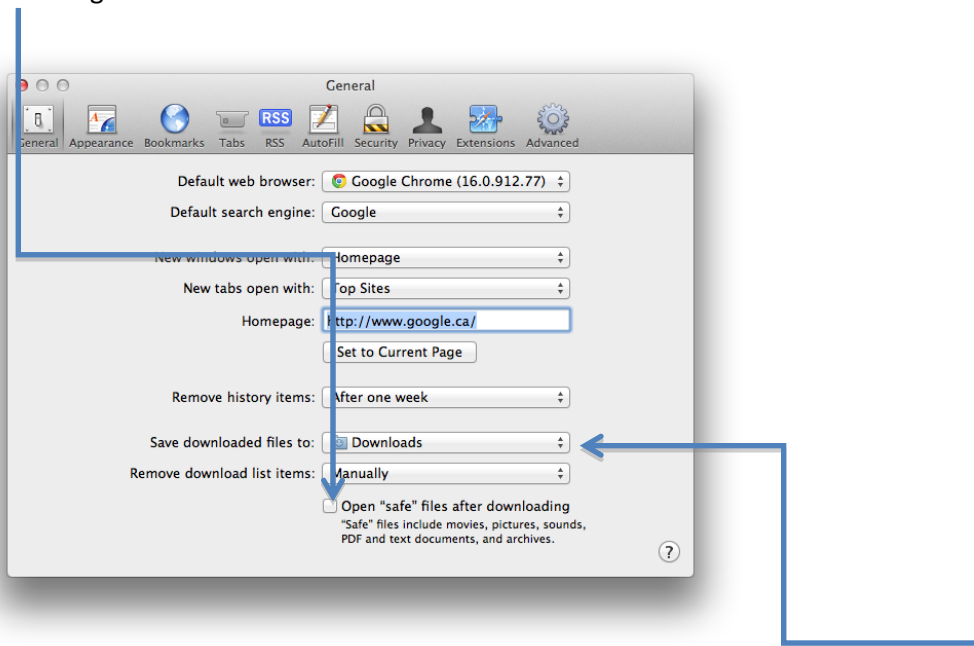


Downloading and Playing *MyNelson* Media Files

Instructions for Mac OS

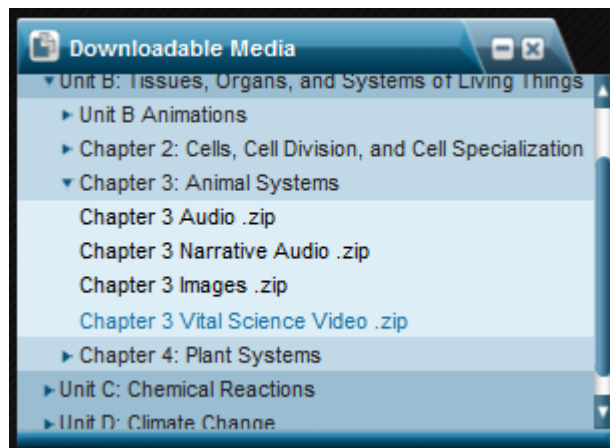
The instructions below are for downloading and playing audio and video files from the Downloadable Media zipped folders. Chapter 3 Vital Science Video .zip is an example. These steps are based on Safari. If you use another browser such as Firefox or Chrome, see page 3.

1. In Safari, click the Safari menu > Preferences > General and clear the 'Open "safe" files after downloading' box at the bottom.

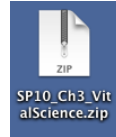


You can change the Save location with the 'Save downloaded files to' button (the Desktop is recommended), and click the red close button.

2. Click a downloadable media zipped folder that you would like to download to play the media files.



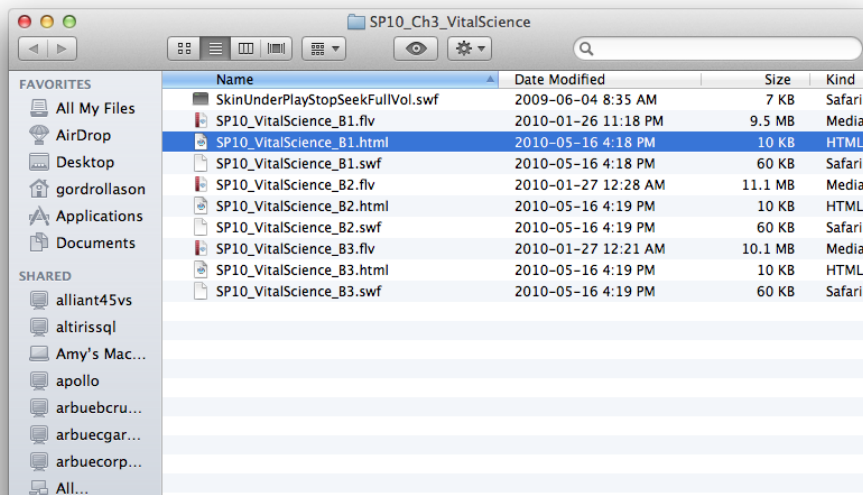
3. Safari will open a new blank tab or page and save the file in your Downloads folder or the location in preferences in step 1. Desktop is recommended.
4. Locate the zip file on your desktop or in your downloads folder.



5. Double-click on the zip file to extract the contents to a folder.

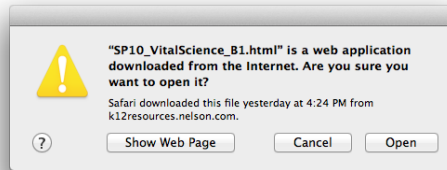


6. Open the folder SP10_Ch3_VitalScience and Double-click a file with the '.html' extension.

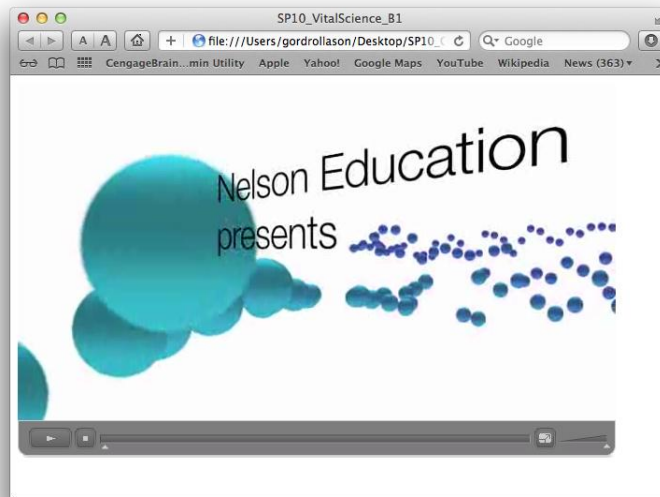


The other files in the folder are used by the HTML file to play the video or audio. If the video does not play or a message to download the latest version of Adobe Flash Player comes up, get the latest version from <http://get.adobe.com/flashplayer>.

7. Click Open in the message prompt:



Congratulations – the video now plays in your Safari window.



For more questions on downloading media files,
or if you are using a different web browser, contact:

Nelson Technical Support

techsupport@nelson.com

1-888-632-9512, Option 2